

Nursery Days/Kids Days Sun protection policy



The nursery is committed to ensuring that all children are fully protected from the dangers of too much sun. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

The following guidelines are for the prevention and care of children in the sun:

- children must have a clearly named sun hat
- children must have their own sun block cream named and dated with prior written consent for staff to apply.
- children will not be out in the sun between 11.00am – 3.00pm on hot days, however children will be allowed outside during this time IF they are sat in the shade and have access to drinking water.
- children will always wear a sun hat when outside on sunny days
- children will always have sun cream applied before going outside and at frequent intervals during the day.
- children are offered cooled water more frequently throughout the day.
- children are made aware of the need for sunhats, sun cream and the need to drink more fluids during their time in the sun.
- staff will make day to day decisions about the length of time spent outside dependant on the strength of the sun.
- shade will be provided in the form of a parasol and/or a gazebo to ensure children are able to cool down or escape the sun should they wish or need to.
- Children without a hat or sun cream will not be able to go outside.

asian and black skin colouring

- carers of children with this type of skin should be aware that these skin types can be very tolerant to sunshine. However it is important to remember that burning can still occur if living in Britain.

This policy was adopted on 17th June 2009

Signed on behalf of the nursery:

Date for review : June 2010

